

MAKE YOUR OWN FLOURS FOR BAKING

When baking we might get excited about a recipe, however, sometimes we found out that the recipe is asking for a type of flour that we don't have. Good news is that most of the time we have ways to make that flour at home using other ingredients. So, I am sharing with you the most common flours on baking that you can make at home.

CAKE FLOUR

1 cup of all purpose flour 2 tbsp of cornstarch

Grab your 1 cup of flour and take off 2 tbsp of it. Now, add the cornstarch and mix.

PASTRY FLOUR

11/4 cup of cake flour 1/2 cup + 1/4 cup of all purpose

Whisk together.

SELF RISING FLOUR

1 cup of all purpose flour 1 tsp of baking powder 1/4 tsp of salt

Whisk together.

BREAD FLOUR

1 cup of all purpose flour 11/2 tsp of wheat gluten flour

Grab your 1 cup of flour and take 11/2 tsp off. Now add the wheat gluten flour and whisk.

