

CINNAMON ALMOND PROTEIN BALLS

Need insanely sweet delicious treats that are healthy but can't even believe they are? This treat is that. I just finished preparing this cinnamon balls and it only took me 4 minutes, I KNOW WHAATTT! This treat is not just healthy but it is super easy and fast to prepare and perfect to take with you in a hurry.

INGREDIENTS

- 1 cup of rolled oats
- 2 scoops of Arbonne cinnamon roll protein powder
- 1/2 cup of almond butter
- 1/2 cup of coconut sugar
- 1/2 cup of almonds, sliced
- 1/4 cup of water
- 1 tsp of vanilla extracts
- 1 tsp of cinnamon



INSTRUCTIONS

Grab a medium bowl and toss in all the ingredients and mix.
I used my hand electric mixer for a few seconds.
Then make sure to wash your hand grab a portion of the dough (I used a 1/4 cup to make sure they were all same size, makes 6 balls. You can also use a tablespoon to make them smaller.) and roll the dough to give it a round shape.
Place the balls on a plate.
Refrigerate to allow the balls to firm for 1 hour and enjoy.
Buen Provecho Ladies!